# SEAMK

Seinäjoen ammattikorkeakoulu
Seinäjoki University of Applied Sciences

## Study a semester in Finland: ’Professional Studies in Social Work’ exchange programme







**EMPOWERMENT IN SOCIAL WORK**

- **35 ECTS credits**
- **Autumn semester: 2 September – 17 December 2026**

## WHAT IS THE PROGRAMME ALL ABOUT?

**Students will find answers to these questions:**

1. What does the concept of empowerment mean in the context of welfare society and social work?
2. What are the different empowering service approaches and methods?
3. How can we promote sustainable changes in our own thinking, in the lives of individuals and communities?




# AUTUMN 2026
# (2 September to 17 December 2026)
# EMPOWERMENT IN SOCIAL WORK, in total 35 ECTS

## COURSE OFFERING

Please note that changes are possible.
For an applicant to get the most out of this program, it is recommended that they select all of the courses offered by the exchange programme. The programme is designed for the applicants to experience a variety of courses that support each other perfectly and to encourage the students to grow as a team. For longer practical training exchanges, please contact us for further information.

- BE00BT36 Introduction to Social Work Studies in Finland, 3 ECTS
- SOSEM20 Introduction to Welfare Society, 3 ECTS
- SOSEM30 Empowering Social Work, 4 ECTS
- SOSEM40 Facilitating Activity-Based Groups, 4 ECTS
- SOSEM50 Use of Pictures in Group Activities, 4 ECTS
- SOSEM60 Communication and Media in Social Work, 4 ECTS
- SOSEM70 Practical Training: Methods of Empowerment in Social Work, 10 ECTS
- KD06APSU012 Finnish Language and Culture, 3 ECTS

## ENTRANCE REQUIREMENTS

An applicant has to be enrolled at a partner university of SEAMK and have at least one year of prior studies in a relevant field of social work. Good English language skills (B2).

## HOW TO APPLY

**Nominations by 15 April 2026**
**Applications by 15 May 2026**

- Programme website: https://www.seamk.fi/professional-studies-in-social-work
- Application instructions: www.seamk.fi/how-to-apply-exchange-students
- Fact sheet: www.seamk.fi/fact-sheet-for-mobility-activities

## FOR MORE INFORMATION

- Application process:
  Ms Maria Loukola, Coordinator, International Education Services, incoming@seamk.fi
- Programme contents:
  Ms Anu Aalto, Lecturer, anu.aalto@seamk.fi